

7 400m Individual Medley Men Final

Official

WC QT **World Champs QT** **4:17.48**

NZR	Open New Zealand Long Course Record	4:08.70	2022-07-31	Lewis Clareburt Capital Swim Club
18yr NZR	18 Years New Zealand Long Course Records	4:14.42	2018-04-06	Lewis Clareburt WN
17yr NZR	17 Years New Zealand Long Course Records	4:21.05	2017-04-04	Lewis Clareburt WN
15yr NZR	15 Years New Zealand Long Course Records	4:32.96	1991-02-21	Danyon Loader OT
14yr NZR	14 Years New Zealand Long Course Records	4:38.15	2007-12-07	Mitchell Donaldson AK
13yrs NZR	13 Years New Zealand Long Course Records	4:46.89		Joshua Gilbert AK


Show less

Qualified Heats Summary

Total

Rank	Competitor	Age	Club	RT	WA	Result
1	Clareburt Lewis	24	Club 37	0.73		4:15.13 WC QT Entry: 4:17.77 (-2.64)
	50m: 26.59 100m: 57.47 (30.88) 150m: 1:30.42 (32.95)					200m: 2:02.79 (32.37) 250m: 2:38.69 (35.90) 300m: 3:15.46 (36.77)
	350m: 3:45.93 (30.47) 400m: 4:15.13 (29.20)					
2	Helms Blair	21	North Shore Swimmi...	0.64		4:26.07 Entry: 4:30.91 (-4.84)
	50m: 26.99 100m: 58.74 (31.75) 150m: 1:33.77 (35.03)					200m: 2:09.02 (35.25) 250m: 2:46.02 (37.00) 300m: 3:23.54 (37.52)
	350m: 3:55.17 (31.63) 400m: 4:26.07 (30.90)					
3	Zhang Kevin	17	Roskill Swimming Club	0.67		4:41.51 Entry: 4:44.60 (-3.09)
	50m: 27.41 100m: 1:00.56 (33.15) 150m: 1:36.61 (36.05)					200m: 2:12.56 (35.95) 250m: 2:53.38 (40.82) 300m: 3:35.11 (41.73)
	350m: 4:09.00 (33.89) 400m: 4:41.51 (32.51)					
4	Markovich Nemanya	15	Roskill Swimming Club	0.62		4:46.18 Entry: 4:50.54 (-4.36)
	50m: 28.82 100m: 1:02.58 (33.76) 150m: 1:39.30 (36.72)					200m: 2:16.46 (37.16) 250m: 2:58.77 (42.31) 300m: 3:41.13 (42.36)
	350m: 4:14.77 (33.64) 400m: 4:46.18 (31.41)					
5	Cowen Nicholas	16	North Shore Swimmi...	0.68		4:46.95 Entry: 4:55.93 (-8.98)
	50m: 30.46 100m: 1:04.72 (34.26) 150m: 1:44.37 (39.65)					200m: 2:22.72 (38.35) 250m: 3:02.54 (39.82) 300m: 3:42.29 (39.75)
	350m: 4:15.39 (33.10) 400m: 4:46.95 (31.56)					
6	Cooke Harrison	19	North Shore Swimmi...	0.65		4:47.42 Entry: 4:52.26 (-4.84)
	50m: 28.74 100m: 1:02.74 (34.00) 150m: 1:41.70 (38.96)					200m: 2:20.01 (38.31) 250m: 2:59.98 (39.97) 300m: 3:40.84 (40.86)
	350m: 4:15.40 (34.56) 400m: 4:47.42 (32.02)					
7	Gibson Luke	17	United Swimming Club	0.75		4:49.60 Entry: 4:57.30 (-7.70)
	50m: 29.89 100m: 1:04.03 (34.14) 150m: 1:41.18 (37.15)					200m: 2:17.76 (36.58) 250m: 3:00.30 (42.54) 300m: 3:43.30 (43.00)
	350m: 4:17.03 (33.73) 400m: 4:49.60 (32.57)					

8  Feng Andrew

14  North Shore Swimmi... 0.64

5:01.92
Entry: 5:07.02 (-5.10)

50m: 32.37	100m: 1:09.43 (37.06)	150m: 1:47.59 (38.16)
200m: 2:26.03 (38.44)	250m: 3:08.14 (42.11)	300m: 3:51.03 (42.89)
350m: 4:27.36 (36.33)	400m: 5:01.92 (34.56)	